

No matter where you live, house or apartment, with family or on your own

**In-home Assisted Living Services** can help you stay at home comfortably and bring peace of mind to you and your loved ones.



### Get in touch!

For more information or to request a referral for Assisted Living Services, contact the Home and Community Support Services Team at:



Phone: 1-833-575-4577



Email: [HCSS@maamwesying.ca](mailto:HCSS@maamwesying.ca)



Fax: 705-256-7250



Maamwesying North Shore Community Health Services Inc. provides services to: **Atikameksheng, Sagamok, Serpent River, Mississauga, Thessalon, Garden River, Batchewana**, & the Urban Indigenous Population in Sault Ste. Marie through the **Indigenous Friendship Centre** and **Baawaating Family Health Team**.

Contact head office to learn more about what services are offered in your community



473B Highway 17 West, Cutler ON P0P 1B0



705-844-2021

## Assisted Living Services

Helping you live well at home—enjoy comfort, independence and the support you need to thrive in the place you love





## Who is Eligible?

- **Age:** 55 years and older
- **Location:** Living in Atikameksheng, Sagamok, Serpent River, Mississauga, Thessalon, Garden River, or Batchewana

### And...

- Needs personal support or homemaking services that are beyond what's available in their community
- Can remain safe in their home between provider visits
- Is able to direct their own care or has a substitute decision maker to oversee their care

## How to be Referred

No medical referral is necessary. You can make a referral directly through:

- Self-referral by calling the number listed on the brochure for additional information
- Community support services staff or volunteers
- Hospital staff, discharge planners, or Indigenous System Navigators
- Ontario Health @Home (previously known as the LHIN)
- Primary Care Providers, including your doctor or Nurse Practitioner

## What supports may be available:

Based on an assessment of your needs, you may receive:

- Personal Support
- Homemaking
- Professional Supports such as Traditional Health, Occupational Therapy, Nursing, Physiotherapy, Dietetics, Social Work and more
- Safety and reassurance checks
- Care- Coordination

**Helping maintain independence at home, as long as possible**

