


Positive outcomes are possible when **needs are addressed early** and **support is available** throughout a person's life.

The **Sabkeshiinh Ngwaagan FASD program** is here to help.




Get in touch!

For more information or to get connected with the Sabkeshiinh Ngwaagan FASD Program contact:

 Phone: 1-833-575-4577


 Email: HCSS@maamwesying.ca


 Fax: 705-256-7250



Providing services on an outreach and collaborative basis to: **Atikameksheng, Sagamok, Serpent River, Mississauga, Thessalon, Garden River, Batchewana, Michipicoten, Chapeau Cree, Chapeau Ojibwe and Brunswick House** & the Urban Indigenous Population in Sault Ste. Marie through the **Indigenous Friendship Centre and Baawaating Family Health Team.**

Contact head office to learn more about what services are offered in your community

 473B Highway 17 West, Cutler ON P0P 1B0

 705-844-2021



Fetal Alcohol Spectrum Disorder (FASD) Sabkeshiinh Ngwaagan Program

Supporting diagnosis, increasing awareness, and helping people and families get connected to helpful services for FASD





What is Fetal Alcohol Spectrum Disorder (FASD)?

FASD is a lifelong disability that affects the brain and body of people who were exposed to alcohol in the womb. It is the most common developmental disability in Canada with over 1.5 million Canadians with FASD.

Every person with FASD has both **strengths** and **challenges** and will need special supports to help them succeed with different parts of their daily lives.

How we can help

Through the Sabkeshiinh Ngwaagan FASD Program, you can access:

- **Non-judgmental support** for you and/or your family.
- Help with arranging and **navigating diagnostic assessment** for FASD.
- **Care planning** to support the persons needs at home, school or work.
- **Education and information** about FASD, prevention and harm reduction strategies and funding opportunities.
- **Referrals to other supportive services** you may benefit from such as: physiotherapy, occupational therapy, Traditional Health Practitioners, Nurse Practitioner, Mental Health Counselling and more.
- Connection to community resources and programs including **childhood nutrition** and access to healthy food.

Are you or someone you know ...

- Aware of or suspect that alcohol has been used during pregnancy and...
- Experiencing challenges with daily activities due to reasons like: being easily distracted, impulsive, trouble handling money, keeping up with classroom learning, staying organized or planning ahead.
- Seeking more information, diagnosis or support for FASD

Early diagnosis and support are key to improving outcomes

