

The first step towards getting somewhere is to decide that you are no longer going to stay where you are.

## N'Mninoeyaa MENTAL WELLNESS & MINOBIMAADIZING SERVICES



**Minobimaadizing Addiction Recovery Services  
in Partnership with Northwood Recovery**

**Minobimaadizing Addiction Recovery Services  
in Partnership with Northwood Recovery**

**TO COMPLETE AN INTAKE FOR ANY SERVICES, PLEASE  
CONTACT OUR CENTRAL INTAKE AT:**

**Mental Wellness & Minobimaadizing Intake:** 1-844-864-0523

**Email:** [mwmintake@nmninoeyaa.ca](mailto:mwmintake@nmninoeyaa.ca)

**Websites:** [www.nmninoeyaa.ca](http://www.nmninoeyaa.ca) [www.northwoodrecovery.ca](http://www.northwoodrecovery.ca)

### COMMUNITY PARTNER SITES:

|                              |                                     |
|------------------------------|-------------------------------------|
| Garden River First Nation    | Sault Ste Marie March Street Clinic |
| Mississauga First Nation     | Serpent River First Nation          |
| Sagamok Anishnawbek – Saswin | Thessalon First Nation              |

### EVERYONE IS WELCOME AT OUR SATELLITE CLINIC:

Maamwesying North Shore Community Health Services  
Suite # 503 – 123 March Street, Sault Ste. Marie, ON P6A 2ZA  
t. 705-945-4673 f. 705 945-9079

**Monday:** 9:30 a.m. to 5 p.m. **Tuesday to Friday:** 8:30 a.m. to 4 p.m.



N'Mninoeyaa Aboriginal Health  
Access Centre, Mental Wellness  
& Minobimaadizing Services  
473B Highway 17, Cutler, ON POP 1B0  
t. 705-844-2021 f. 705-844-2844  
[www.nmninoeyaa.ca](http://www.nmninoeyaa.ca)  
[www.northwoodrecovery.ca](http://www.northwoodrecovery.ca)



IN PARTNERSHIP WITH



 **MAAMWESYING** NORTH SHORE COMMUNITY HEALTH SERVICES INC.

Maamwesying kina gweyahn N'minobimaadizing – Working as one for the wellbeing of all

## About us

The Minobimaadizing Addiction Recovery Program at Maamwesying North Shore Community Health Services, offers non-judgmental support for those struggling with Mental Health and substance use, using a culturally-driven and holistic approach. Part of recovery is addressing issues with a sense of immediacy and we can accommodate those individuals looking to take on treatment immediately. We will get you set up with services and resources you need and provide ongoing support in your recovery.

- Treatment of all substance use disorders, including marijuana, alcohol, opioids, stimulants, etc.
- Suited for adults who are 18 years of age or older
- Must have a valid health card
- All are welcome at 123 March Street, Suite 503

## Services offered on site

- Medical examination and laboratory tests
- Urine drug screening
- Initial intake
- Treatment contract and plan
- Regular medical follow up (OTN)
- Addiction counselling
- After care programming (i.e. relapse prevention)
- Naloxone kits

## In addition to our program we can offer referrals

- Registered physiotherapists and occupational therapists for pain management in collaboration with Community Support Services
- Traditional Health Practitioners (THPs)
- Access to a Nurse Practitioner
- Mental health counselling and treatment
- Residential treatment programs

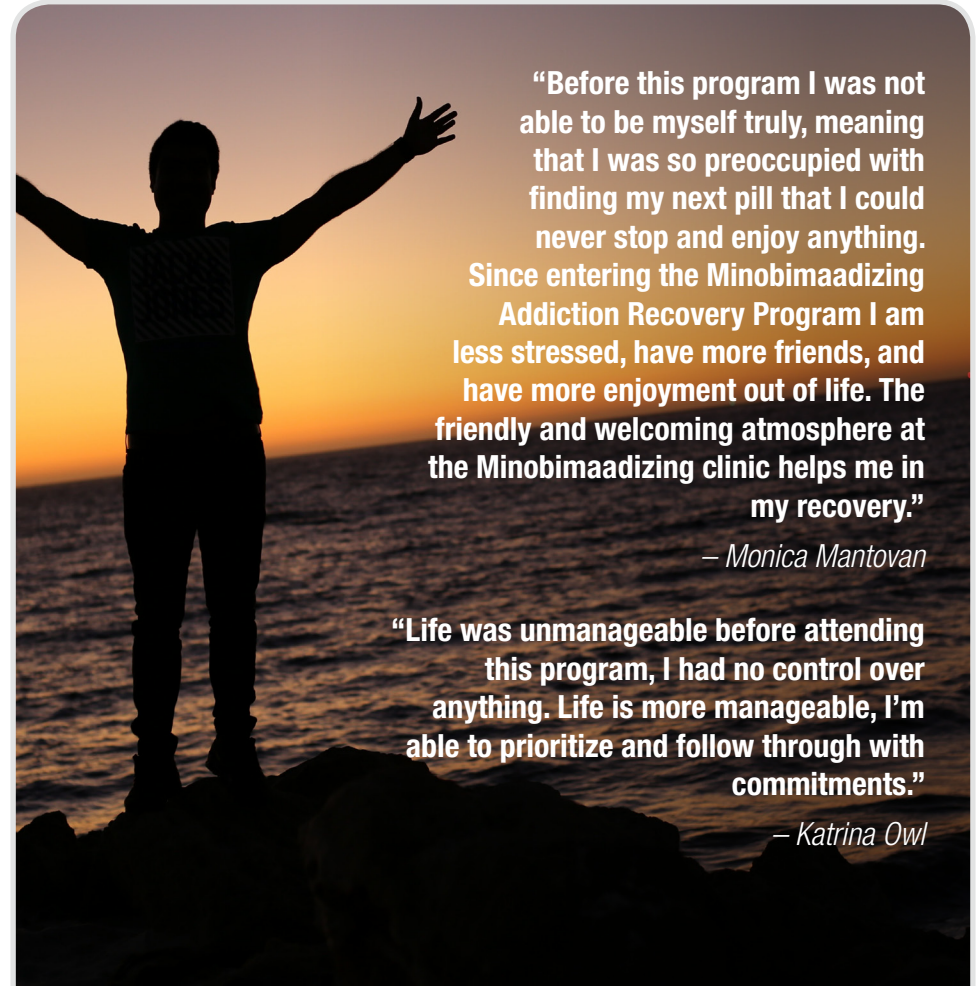
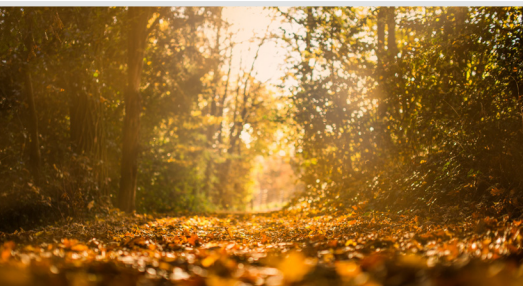
## Did you know?

**Transferring clinics is very simple.**

**If you earned carries, you will maintain them. Patients can start medicine on the same day.**

**No appointment necessary. Walk-ins are welcome.**

**To complete an intake, please call our central intake.**



**“Before this program I was not able to be myself truly, meaning that I was so preoccupied with finding my next pill that I could never stop and enjoy anything. Since entering the Minobimaadizing Addiction Recovery Program I am less stressed, have more friends, and have more enjoyment out of life. The friendly and welcoming atmosphere at the Minobimaadizing clinic helps me in my recovery.”**

*– Monica Mantovan*

**“Life was unmanageable before attending this program, I had no control over anything. Life is more manageable, I’m able to prioritize and follow through with commitments.”**

*– Katrina Owl*