

Minobimaadizing (be in good health)
is a holistic concept.

N'Mninoeyaa MENTAL WELLNESS & MINOBIMAADIZING



Traditional Health and Healing Program



“Humankind has not woven the web of life.
We are but one thread within it. Whatever we
do to the web, we do to ourselves. All things
are bound together. All things connect.”

– Chief Seattle, Duwamish Tribe (1780-1866)

N'Mninoeyaa Aboriginal Health Access Centre
Traditional Health and Healing Program
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Traditional Health and Healing Program



 MAAMWESYING NORTH SHORE COMMUNITY HEALTH SERVICES INC.

Maamwesying kina gweyahn N'minobimaadizing – Working as one for the wellbeing of all

Service providers

The Traditional Health and Healing Program of N'Mninoeyaa Community Health Access Centre (CHAC) is a collaborative project providing access to traditional healing services and a variety of local/regional workshops and ceremony, based in Anishnaabek culture, throughout the year.

Traditional Health and Healing Program

N'Mninoeyaa provides services in the First Nation partner communities of Atikameksheng, Sagamok, Serpent River, Mississauga, Thessalon, Garden River, Batchewana and the Indian Friendship Centre in Sault Ste. Marie.

Our services include:

- Traditional Healing Practitioner
- Variety of community level workshops
- Various cultural ceremonies/ activities in partner communities
- Annual Regional Gathering Workshop(s)
- Cultural Awareness Workshops



Traditional healing is a holistic approach grounded in the philosophy of **MIND, BODY** and **SPIRIT**.

Maintaining **BALANCE** and **HARMONY** in these aspects of who we are, contributes to our overall health and well-being.

Traditional healing services are coordinated autonomously at the community level. Through a standardized process, the regional program strives to ensure safety and quality of services.

Community contacts



Atikameksheng Anishnawbek First Nation
705-692-3674



Sagamok Anishnawbek First Nation
705-865-2192



Batchewana First Nation
705-254-7827



Sault Ste. Marie Indian Friendship Centre
705-256-5634



Garden River First Nation
705-248-2231



Serpent River First Nation
705-844-2152



Mississauga First Nation
705-356-1621



Thessalon First Nation
705-842-2670

